Himachal Pradesh Public Service Commission

No. 3-88/2024-PSC (R-I)

Dated 22-04-2025

Syllabus for the descriptive Subject Aptitude Test (SAT) for the recruitment to post of Assistant Professor (Psychiatry), Class-I (on regular basis) in the Department of Medical Education & Research, H.P. The SAT shall be of 03 hours duration having 120 Marks. The SAT paper shall have two parts i.e. Part-I and Part-II and cover the following topics of M.D (Psychology), M.D. (Psychological Medicine) level.

PART-I (60 MARKS)

- **1.** Functional and behavioural neuroanatomy
- 2. Neurophysiology and Neuro-chemistry
- 3. Neuro-imaging
- 4. Electrophysiology (including chronobiology, electroencephalogram, etc
- **5.** Psychoneuroendocrinology
- **6.** Neurogenetic disorder
- 7. Classification in Psychiatry
- **8.** Theory of personality and personality disorders
- **9.** Abuse (Physical / Sexual) or Neglect Of Child /Adult
- **10.** Adjustment Disorder
- 11. Anxiety Disorders (including Panic Disorder, Agoraphobia, Phobias, Obsessive-Compulsive Disorder, Posttraumatic Stress Disorder, Acute Stress Disorder, Generalized Anxiety Disorder, etc).
- **12.** Case-Presentations (including History Taking, Neurological Examination, Mental Status Examination etc.)
- **13.** Child Psychiatry (including Learning Disorders, Motor Skills Disorder, Communication Disorders, Pervasive Developmental Disorders (Autistic Disorder, Rett's Disorder,

Childhood Disintegrative Disorder, Asperger's Disorder), Attention-Deficit/Hyperactivity Disorder, Conduct Disorder, Oppositional Defiant Disorder, Pica, Tic Disorders, Elimination Disorders, Separation Anxiety Disorder, Selective Mutism, Reactive Attachment Disorder of Infancy or Early Childhood, Stereotypic Movement Disorder, etc.)

- **14.** Community psychiatry
- **15.** Consultation-Liaison Psychiatry
- **16.** Culture Bound Syndromes
- **17.** Dissociative Disorders (including Dissociative Amnesia, Dissociative Fugue, Dissociative Identity Disorder, Depersonalization Disorder, etc.
- 18. Eating Disorders (including Anorexia Nervosa, Bulimia Nervosa, etc.)
- **19.** Electro-Convulsive Therapy
- 20. Emergencies In Psychiatry
- **21.** Emotional Intelligence
- 22. Ethics In Psychiatry
- **23.** Factitious Disorders
- **24.** Forensic and Legal Psychiatry (including Indian Lunacy Act, Mental Health Act, Persons with Disability Act, Narcotic Drugs and Psychotropic Substance Act)
- **25.** Impulse-Control Disorders (including Intermittent Explosive Disorder, Kleptomania, Pyromania, Pathological Gambling, Trichotillomania, etc
- **26.** Learning Theories
- 27. Memory
- 28. Mental Retardation
- 29. Miscellaneous: Non-compliance, Malingering, Antisocial Behaviour, Borderline Intellectual Functioning, Age-Related Cognitive Decline, Bereavement [including Death], Academic Problems, Occupational Problems, Identity Problems, Religious or Spiritual Problems, Acculturation Problems, Phase of Life Problems, Chronic Fatigue Syndrome, etc.)
- **30.** Mood Disorders (including Depressive Disorders, Bipolar Disorders, Cyclothymic Disorder, etc.).

PART-II (60 MARKS)

- 1. Movement Disorders (including Medication-Induced Movement Disorders, etc)
- **2.** Organic Psychiatry (including Amnestic Disorders, Catatonic Disorder, Cerebro vascular Disorders, Delirium, Dementia, Endocrine Epilepsy, Head Injury, Headache, HIV AIDS, Infections, etc.
- **3.** Neuropsychology (including Psychological Features of Cerebral Disorders, Clinical Assessment etc.)
- **4.** Pre-Menstrual Dysphoric Disorder
- **5.** Post-Partum Psychiatric Disorders
- **6.** Psychodynamics
- **7.** Psychology (Clinical)
- **8.** Psychometry/ Psychodiagnostics
- **9.** Psychopharmacology
- **10.** Psychoses (including Schizophrenia, Schizophreniform Disorder, Schizoaffective Disorder, Delusional Disorder, Brief Psychotic Disorder, Shared Psychotic Disorder, etc).
- **11.** Psychosomatic Disorders
- **12.** Psychotherapy
- **13.** Sexual And Gender Identity Disorders (including Sexual Desire Disorders, Sexual arousal Disorders, Orgasmic Disorders, Sexual Pain Disorders, Vaginismus, Paraphilias, etc)
- **14.** Sleep Disorders (including Insomnia, Narcolepsy, Breathing-Related Sleep Disorders, Circadian Rhythm Sleep Disorders, Parasomnias, Nightmare Disorder, Sleep Terror Disorder, Sleepwalking Disorder, etc.)

- **15.** Somatoform Disorders (including Somatization Disorder, Undifferentiated Somatoform Disorder, Conversion Disorder, Pain Disorder, Hypochondriasis, Body Dysmorphic Disorder, etc.)
- **16.** Statistics/Research Methodology
- 17. Stress and related disorders
- **18.** Stupor
- 19. Substance Related Disorders (including Alcohol-Related Disorders, Amphetamine Related Disorders, Caffeine-Related Disorders, Cannabis- Related Disorders, Cocaine-Related Disorders, Hallucinogen-Related Disorders, Inhalant-Related Disorders, Nicotine-Related Disorders, Opioid- Related Disorders, Phencyclidine-Related Disorders, Sedative-, Hypnotic-, or Anxiolytic-Related Disorders, etc.)
- **20.** Suicide management and medico-legal aspect
- **21.** Trans cultural Psychiatry
- **22.** Rehabilitation of psychiatric patients
- **23.** Geriatric Psychiatry.
- **24.** Psychiatry rating scales
- **25.** Epidemiology
- **26.** History of Psychiatry
- **27.** Mental Health Issues in Women
- **28.** Mind the evolving concepts
- 29. Placebo Effect
- **30.** Psychosurgery.